

Measles overseas and in New Zealand National MMR vaccination advice (except the Auckland region)

The Ministry of Health has modified the standard MMR vaccination catch-up advice.

Infants aged 6–11 months

- Can have their first MMR vaccination (MMR0):
 - If they are travelling overseas to a country with a measles outbreak, as advised by the Ministry of Health/Immunisation Schedule, or
 - If parents have concerns about their infant's potential exposure to measles, on the advice of their GP.
- The 15 month and 4 year MMR vaccinations remain due to be administered at the relevant ages as per the Immunisation Schedule.

Infants aged 12–14 months who are travelling to Auckland or overseas to a country with a measles outbreak

- Should receive all four 15 month vaccinations (MMR, varicella, Hib and PCV10) at least two weeks before travelling to allow their immunity against measles to develop.

Infants aged 12–14 months who are not travelling to Auckland or overseas a country with a measles outbreak

- Recommended to receive their MMR vaccination at 15 months of age as per the Immunisation Schedule.

Children aged between 15 months and 4 years

- Recommended to receive their MMR vaccinations at 15 months and 4 years as per the Immunisation Schedule.

Children aged 5 years or older, teenagers and adults aged under 50 years (i.e. born in 1969 or later) who do not have two documented doses of MMR vaccine

- Recommended to receive catch-up MMR vaccination.
- When two catch-up doses of MMR vaccine are required, the second MMR vaccination can be given a minimum of 4 weeks after the first MMR dose.

Adults aged 50 years or older (born in New Zealand before 1969)

- Not recommended to receive MMR vaccination. They are considered to be immune to measles as there was no measles containing vaccine until 1969 and the disease is so highly infectious.
- Adults born overseas prior to 1969 may have received a measles-containing vaccination. If you are unsure whether an individual is likely to be susceptible to measles, please call us on 0800 IMMUNE (0800 466 863).